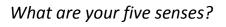


What parts of the body can you name? Can you sing 'Head, shoulders, knees and toes' and point to the correct body parts?

Things to try at home to support learning...

- Go on a senses walk around your garden or a nearby park. What do you notice?
- Draw some things you can see from your bedroom window.
- *Try some cooking or baking together.* What does it taste like?
- Find a new recipe and try it out.



Why are they so important?

Can you use your senses to explore

The eatwell plate You can eat lots of these! You can eat some of these! And you should only You can ea eat small amounts of these! of these The eatwell plate makes healthy eating easier

You can eat lots of these!

Do you know what makes a healthy diet?

1º4Ch

**Sensational Senses** 

**Knowledge Organiser** 

The Five Senses

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> What fruit and vegetables can you name?



ense of taste